## Pongsakorn Keawped (Petch) has been accepted to study Bachelor of Sports Science and Health Promotion

## Suan Sunandha Rajabhat University, Nakhon Phatom



**PERSONAL STATEMENT** 

My name is Pongsakorn Kaewped. My nickname is Petch and my friends at school like to call me Goat.

I have been living at Happy Child Home since I was 6 years old. I am now 17 years old. I studied English – Physical education. At Muang Thalang School Phuket

My family lives in Krabi and I live at Happy Child Home with my brother Jack. When my parents separated my mother had to work hard to earn money to support me and my four siblings. Someone told my mother about Happy Child Home and that me and my younger brother maybe could move there to reduce the cost of care.

I'm so glad I got to move to happy Child Home as it allowed me to see the world in a different way and I got to learn many interesting things that I didn't know and wanted to understand.

I have lived at Happy Child Home for 12 years. Here I aslo have Dee and Lan who are close friends with me and my younger brother. As we are he same age, we're always together.

Happy Child Home has everything to support our studies and we also have are foreign volunteers who take care of us which allows me to speak English and understand a little bit more.

There are activities like Midsummer and Christmas organized every year which makes us understand western culture.

As I study English – Physical Education, I am a sports event organizer and an athlete. I represent the school in provincial sport competitions such as football, running and high jump.

I really like sports, especially football where I play as a left back.

As I have knowledge in sports and sports rules, I want to study to become a physical education teacher at university. My dream is to become a teacher in sports and physical education to teach and give advice to others and to have a stable career.



## **Information about Bachelor of Sport and Health Science**

## Philosophy

This program aims to produce graduates who are competent in sport science and health. To promote public health by using sport and exercise activities both in the public and private sectors. To have knowledge about basic sports, sports for the masses, sports for excellence and professional sports.

## **Career guidelines**

- 1. Sports scientist for professional sports clubs
- 2. Sports trainer in organizations as well as public and private agencies
- 3. Entrepreneur in sports and exercise as well as health promotion businesses
- 4. Health promoters in workplaces and organizations
- 5. Coach in health promotion establishments, fitness centers and sports clubs
- 6. Researcher in sports science and health promotion

## The admission procedure for Petch

# As step 1 he sent his application/his Portfolio directly to the university and got accepted already in Round 1.

Universities accepting students in this round have a lot of freedom in setting admission requirements but generally look at the extracurricular activities and achievements of a student, so a portfolio containing the student's basic information along with their extracurricular activities and achievements is expected by most universities.

1.1 Submit GPAX (grades) and portfolio to universities1.2 Result of Portfolio1.3 Interview at university if pass

1.4 Information if admitted or not

6 December 2023 12 January 2024 23 January 2024 6 February 2024



### BUDGET

### SUAN SUNANDHA RAJABHAT UNIVERSITY, NAKHON PHATOM - 4 YEARS Bachelor of Sports Science and Health Promotion - Thai Program 750,000 THB

|  | YEAR 1<br>THB | SEK.<br>0,31 | USD.<br>0,03 | AUD.<br>0,045 | EUR.<br>0,028 | TOTAL 4<br>YEARS<br>THB | SEK     | USD    | AUD    | EUR    |
|--|---------------|--------------|--------------|---------------|---------------|-------------------------|---------|--------|--------|--------|
|  |               |              |              | ~             |               |                         |         |        |        |        |
| EDUCATION COSTS                                      |               |              |              |               |               |                         |         |        |        |        |
| Tuition  | 41,000        | 12,710       | 1,230        | 1,845         | 1,148         | 164,000                 | 50,840  | 4,920  | 7,380  | 4,592  |
| Project/School Equipment                             | 6,000         | 1,860        | 180          | 270           | 168           | 24,000                  | 7,440   | 720    | 1,080  | 672    |
| Activities/Camps                                     | 6,000         | 1,860        | 180          | 270           | 168           | 24,000                  | 7,440   | 720    | 1,080  | 672    |
| Uniform  | 4,000         | 1,240        | 120          | 180           | 112           | 16,000                  | 4,960   | 480    | 720    | 448    |
| Accommodation  | 24,000        | 7,440        | 720          | 1,080         | 672           | 96,000                  | 29,760  | 2,880  | 4,320  | 2,688  |
| Food   | 72,000        | 22,320       | 2,160        | 3,240         | 2,016         | 288,000                 | 89,280  | 8,640  | 12,960 | 8,064  |
| Utilities (Electricity, Laundry)                     | 12,000        | 3,720        | 360          | 540           | 336           | 48,000                  | 14,880  | 1,440  | 2,160  | 1,344  |
| Total Education costs                                | 165,000       | 51,150       | 4,950        | 7,425         | 4,620         | 660,000                 | 204,600 | 19,800 | 29,700 | 18,480 |
| INITIAL COSTS YEAR 1                                 |               |              |              |               |               |                         |         |        |        |        |
| Computer   | 30,000        |              |              |               |               | 30,000                  | 9,300   | 900    | 1,350  | 840    |
| Equipment Daily use                                  | 8,000         |              |              |               |               | 8,000                   | 2,480   | 240    | 360    | 224    |
| Uniform  | 10,000        |              |              |               |               | 10,000                  | 3,100   | 300    | 450    | 280    |
| Prep course "How to live and learn<br>at Campus CAMP | 3,000         |              |              |               |               | 3,000                   | 930     | 90     | 135    | 84     |
| English Enhancement course                           |               |              |              |               |               |                         |         |        |        |        |
| Accommodation for Camp                               | 2,000         |              |              |               |               | 2,000                   | 620     | 60     | 90     | 56     |
| Health examination fee and others                    | 5,600         |              |              |               |               | 5,600                   | 1,736   | 168    | 252    | 157    |
| Accommodation damage insurance                       | 3,000         |              |              |               |               | 3,000                   | 930     | 90     | 135    | 84     |
| Total Initial costs 1st year                         |               |              |              |               |               | 61,600                  | 19,096  | 1,848  | 2,772  | 1,725  |
| TOTAL 4 YEARS  |               |              |              |               |               | 721,600                 | 223,696 | 21,648 | 32,472 | 20,205 |
| Travel expenses interview and registration           |               |              |              |               |               | 25,000                  | 7,750   | 750    | 1,125  | 700    |
| TOTAL INCLUDING TRAVEL<br>EXPENSES                   |               |              |              |               |               | 746,600                 | 231,446 | 22,398 | 33,597 | 20,905 |
| Round up/buffert for unforeseen expenses             |               |              |              |               |               | 3,400                   | 1,054   | 102    | 154    | 95     |
| TOTAL EXPENSES                                       |               |              |              |               |               | 750,000                 | 232,500 | 22,500 | 33,751 | 21,000 |
| kolla AUD och EUR                                    |               |              |              |               |               |                         |         |        |        |        |

### Please note! The budget is estimated on the information from the university of the year 2023.



## INFORMATION REGARDING SPONSORING A SCHOLARSHIP FOR UNIVERSITY

- 1. As a sponsor you decide for how much money you can commit per year
- 2. As a sponsor you have to commit for all years of study required for the eduction
- 3. You can choose to pay per year or monthly payments
- 4. The money is payed to Barnhem but belongs to the student
- 5. Barnhem will be the guarantor that the money is used correctly
- 6. The student will sign for a monthly payment to cover costs for food and accommodation.
- 7. As a sponsor you will get a monthly economic update on the spending with copies of receipts.
- 8. We will start a closed Facebook group to make sure that the student and the sponsor can stay in direct contact. Members of that group will be sponsors, the student, Khun Yanenee Saisrikoson, Susanne Janson and Hans Forssell
- 9. The student will have to pass all exams for the scholarship to continue from one year to the next

## Susanne Janson

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